

LINE › FreeMotion EXT
TYPE › strength

ADJUSTABLE BENCH

FreeMotion | EXT

MODEL › VFMBE5007
FEATURE › Multiple Seat Positions



FEATURES AND BENEFITS

Whether working out with dumbbells or the FreeMotion EXT Dual Cable Cross, the FreeMotion EXT Adjustable Bench is a must-have for any strength training area.

Multiple Seat Positions › Seat bottom tilts to a 25 degree incline and the backrest adjusts from flat to 77 degrees in 6 settings.

Easy Portability › With integrated wheels, users can simply lift the front end of the bench and roll into place.

Seat Pad › Contoured seat pad provides comfort and support.



› US/Metric

L - 54" / 137 cm

W - 23" / 58 cm

H - 17" / 43 cm

Weight - 71 lbs. / 32 kg

SPECS

› Adjustable Bench

MODEL VFMBE5007

Max. User Weight	350 lbs. / 159 kg
Warranty	lifetime frame, 10 years parts, 1 year labor, 90 days upholstery