

LINE › FreeMotion EXT  
TYPE › strength

# SMITH MACHINE

MODEL › FMBE9097  
FEATURE › Smith Station

**FreeMotion** | EXT



## FEATURES AND BENEFITS

**Smith Station** › Featuring a chrome Olympic bar with knurled grip, the bar slides smoothly along a linear shaft.

**Adjustable Safety Stops** › Depending on the exercise movement or range of motion, safety stops can be adjusted to a variety of heights.

**Pec Fly Station** › When used with a bench, users can perform a pec fly in comfort with padded backrest and arm pads. Each arm moves independently and features multiple start positions.

**Barbell Station** › For a variety of free weight exercises, the barbell station features safety catch bars which can be adjusted in height.

**Swivel Pulleys** › Two high pulleys allow for multiple upper body exercises with a wide range of motion. Taken from the FreeMotion pulley design, these high pulleys swivel to ensure fluid cable travel and accommodate virtually any movement pattern.

**Low Pulley and Row Plate** › For more exercise options, the low pulley can accommodate a variety of accessories and features a row plate for seated row exercises.

**Plate Load Design** › Attached plate racks store weight plates when not in use and are positioned near the bar for easy plate loading.

**Accessories** › Each Smith Machine comes with an ankle cuff, row bar and short curl bar.



› US/Metric

**L** - 71" / 180 cm

**W** - 81" / 206 cm

**H** - 82" / 208 cm

**Weight** - 300 lbs. / 136 kg

## SPECS

› Smith Machine

MODEL FMBE9097

<b>Max. User Weight</b>	350 lbs. / 159 kg
<b>Warranty</b>	lifetime frame, 10 years parts, 1 year cables and labor, 90 days upholstery, grips and accessories