

LINE › FreeMotion  
 TYPE › selectorized

# HAMSTRING

MODEL › GZFM6008



## FEATURES AND BENEFITS

**Swivel Pulleys** › Pulley design ensures fluid cable travel and provides nearly unlimited range of motion.

**Textured Platform** › Unique platform has grip texture to help ensure stable foot positioning.

**Stability Bar** › For the first-time exerciser, they can hold the bar as aid in balance.

**Foot Harness** › Specially designed harness fits a wide variety of users.

**Cable Travel** › Extensive cable travel allows for full exercise flexion, single leg: 81 inches (206 cm).

**Weight Stack** › Enclosed weight stack limits access to moving parts for user safety.

**Industrial Construction** › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

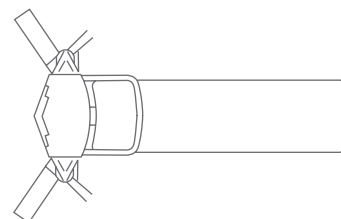
**Kick Plates** › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

## SPECS › Selectorized Hamstring

MODEL GZFM6008

<b>Dimensions (LWH)</b>	55" x 36" x 73" (140 cm x 92 cm x 185 cm)
<b>Effective Resistance</b>	1 leg – 75 lbs. (34 kg)
<b>Weight Stack Configuration</b>	2.5 – 25 x 2.5 lbs. (1.13 – 11.5 x 1.13 kg) 30 – 75 x 5 lbs. (13.5 – 34 x 2.25 kg)
<b>Weight</b>	430 lbs. (196 kg)
<b>Cable Diameter</b>	3/16-inch rated to 2,000 lbs.

Top View



### › WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES