

LINE › FreeMotion
 TYPE › selectorized

SEATED HAMSTRING



MODEL › GZFM6017
 FEATURE › sliding pulley



FEATURES AND BENEFITS

Butterfly Pulley › With a deeper “V” shape, this pulley ensures cable tracking and wider range of motion.

Traditional Seated Position › A supported position is ideal for traditional and first-time exercisers. To further challenge the body, advanced users may perform exercises off the backrest.

Foot Harness › Specially designed harness fits a wide variety of users.

Sliding Pulley › Pulley assembly slides and locks to respective side to work the right or left leg.

Handgrips › Users can grasp the handgrips for added stability and isolation.

Weight Stack › Enclosed weight stack limits access to moving parts for user safety.

Industrial Construction › Equipment is built with 11- and 7-gauge steel and is electrostatically powder-coated.

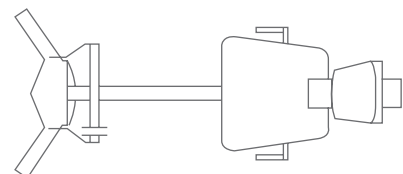
Kick Plates › 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECS › Selectorized Seated Hamstring

MODEL GZFM6017

Dimensions (LWH)	82" x 36" x 80" (208 cm x 92 cm x 203 cm)
Effective Resistance	1 leg – 100 lbs. (45.5 kg)
Weight Stack Configuration	2.5 – 25 x 2.5 lbs. (1.13 – 11.5 x 1.13 kg) 30 – 100 x 5 lbs. (13.5 – 45.5 x 2.25 kg)
Weight	450 lbs. (205 kg)
Cable Diameter	3/16-inch rated to 2,000 lbs.

Top View



› WARRANTY

10 YEARS: STRUCTURAL FRAME

3 YEARS: BEARINGS, GUIDE RODS, PULLEYS, WEIGHT STACKS

1 YEAR: CABLES

1 YEAR: LABOR

120 DAYS: UPHOLSTERY, HANDLES & ACCESSORIES