

FREEMOTION.

# **BENCHES & RACKS**

## **POWER SLED**

MODEL # FMDY109990



\*Accessory upgrade package (as pictured) is sold separately

## ***STRENGTH BENCHES & RACKS***

Train like a professional athlete with the Freemotion Power Sled. Pile on the weight and push to strengthen muscles, crush calories and get an amazing overall workout. The Power Sled has a smooth glide with a deeply padded push handle. With multiple vertical push poles to accommodate as much weight as you need or want, the Freemotion Power Sled has a solid 11 gauge steel frame that's ready to work as hard as your clients.



## BENCHES & RACKS POWER SLED

### PRODUCT BENEFITS

#### PUSH IT

Removable, vertical push poles make the workout truly customizable with multiple options.

#### HEAVY DUTY CONSTRUCTION

Investing in the best is one way to cut down on replacement and repair costs. Made with the smart design and solid construction, the Power Sled is as tough as you are.

#### ANCHORS AWAY

3 sled harness anchor spots open up training possibilities to build strength and muscle.

#### PADDLED LOWER PUSH HANDLE (2 OPTIONS)

Work with your member's strength and abilities with a lower push handles that's generously padded with two grip options.

#### CENTER POST

Hold 45 lbs (20.4 kg) plates on Power Sled's Center Post.

#### STRONG PUSH POLES

The Power Sled's Push Pole accommodate 25 lbs (11.3 kg) plates to get the job done.

### SPECIFICATIONS

Frame	11-Gauge Steel Frame
Frame Color	Platinum, additional frame colors available at an up-charge.
Machine Weight	96 lbs (43.5 kg)
Product Dimensions (L x W x H)	41 x 31 x 38 in (104.1 x 78.7 x 96.5 cm)

### WARRANTY US AND INTERNATIONAL

**Lifetime** - Structural Steel Frame | **5 Year** - Wear Guards/UHMW, Rubber & Plastic, and Finish | **1 Year** - Fitness Products, and Pads, Grips, Components | **90 Days** - Accessory Products.